

El Segundo Herald

The Weekly Newspaper of El Segundo

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Academic Decathlon Team Brings Home 28 Medals



Under the instruction of a new coach, Michelle Villalobos, the team finished strong. After an intensive two-day competition, the El Segundo Academic Decathlon excelled in the categories for essay, interview, science, social science, speech, and Super Quiz, returning with a staggering twenty-eight medals. Perhaps their greatest accomplishment was the team's third place win in Super Quiz for its division. Congratulations! Pictured left to right front row: Deanna Natale, Heather Odabashian, Miranda Ross; Left to right back row: Jessica Hamada, Aleks Piibe, Ryan de Freitas Bart, Tanner Ostensen, Toby Contarsy, Coach Michelle Villalobos. Photo courtesy of Frances de Freitas.

Council Approves Permit Parking in Washington/Walnut Area

By Brian Simon

Addressing longstanding complaints about Sepulveda Boulevard office building employees parking on residential streets, the El Segundo City Council on Tuesday night agreed to reinstate a permit parking program on the west curb line of Washington Street from Maple Avenue to Walnut Avenue, and the south curb line of Walnut adjacent to the Washington Plaza Homeowners Association property. The Council (with Mayor Carl Jacobson recusing himself from voting since he has an ownership stake in one of the units in the area) also authorized removal of a quarter-century-old concrete barrier on Walnut and Washington.

Heavy employment numbers and related neighborhood traffic impacts in the mid-1980s prompted a study that led the Council of the time to institute permit parking and approve installation of the concrete barrier at Washington and Walnut. When local jobs decreased in the early 1990s' recession, the demand for parking spaces fell and effectively ended the permit system—though the barrier continued to remain in place.

Renewed complaints from residents over the last couple of years spurred local police to conduct a car count in the Washington/Walnut area last year. Chief Mitch Tavera told the Council last August that 70 percent of the vehicles identified between 6 and 9 a.m. did not belong to residents, leaving fewer spots for those who actually live in the area. Efforts to resolve the matter with the businesses at 909 and 999 Sepulveda proved unsuccessful. A residential survey revealed that 41 percent of respondents favored removing the barrier versus 29 percent against and 30 percent

neutral. The Homeowners Association came out in support of the permit program, though a slight majority of residents on surveyed streets were not in favor of it. During public communications, Phyllis Langdon (who lives on the 1400 block of Walnut) said employees will simply move their cars further west

on Walnut to get out of the permit area, thus diverting the same problem to other parts of the neighborhood. City Manager Greg Carpenter said police can monitor the situation over the next six months and return to the Council with a recommended

See City Council, page 3

Aviation, Beach Facility Wrapping Up as Public Works Ramps Up Projects

By Brian Simon

The long-needed rehabilitation of Aviation Boulevard is close to finished, as crews expect to complete street resurfacing and other upgrades on the El Segundo and County of Los Angeles portions of the major thoroughfare in the next week or so. Soon, Aviation will finally say goodbye to potholes and will feature improved waterproofing and ADA-compliant sidewalk intersections. Better yet, the approximate \$900,000 project cost will come out of Prop C and gas tax dollars and not from the City of El Segundo's general fund.

According to Public Works Director Stephanie Katsouleas, it took several years for the financially strapped City to accumulate enough Prop C funds to pay for the bulk of the project—one her department singled out as a top priority. "The work on Aviation has been needed for several years, given its very low pavement condition rating, the prevalence of potholes impacting drivers and commuters and the impact on our staff resources to patch

these potholes on a regular basis," she said. "We were also extremely pleased that the County was able to react so quickly to our request to join in on the project and allocate funding so that both sides of Aviation Boulevard between 116th and El Segundo Boulevard could be restored at the same time. It was a great partnership and a very successful project."

Aviation Boulevard is just one of a number of items on the docket for Public Works these days. Though it saw completion of several major capital projects last year, the department currently has close to 20 either in progress or ready to start—and many more on the horizon. With the recent hiring (filling vacancies) of two principal engineers, Katsouleas and staff have set three main priorities in their capital program: maintaining key annual programs, clearing the backlog of projects that received funding in prior years, and completing projects that have a grant or other contractual deadline.

See Public Works, page 3

Weekend Forecast

Friday
Mostly
Cloudy
62°/49°



Saturday
Partly
Cloudy
63°/50°



Sunday
Sunny
66°/50°



Calendar

There is a limited word count of 20 words and fees will apply. Email to escalendar@heraldpublications.com. Deadline for submissions is Thursday at 9 a.m.

THURSDAY, FEBRUARY 21

• El Segundo Certified Farmers Market, 3-7 p.m. 400 block of Main St. Farmers Market will have special events and activities on the third Thurs each month.

WEDNESDAY, FEBRUARY 27

• Author Jennie Nash will lead the Evening Book Club Discussion, 6:30 p.m., at the El Segundo Library. For more information call (310) 524-2728.

THURSDAY, FEBRUARY 28

• "Building a Younger You" Free Health Seminar, 6-7 p.m., Whole Foods Market at Plaza El Segundo, 760 South Sepulveda Blvd. RSVP: muradmg@murad.com. For more information call (310) 335-1700.

TUESDAY, MARCH 5

• City Council Meeting, 7-10 p.m., City

Hall Council Chambers, 350 Main St. For more information call (310) 524-2306.

FRIDAY, MARCH 8

• ESWC Fish Bake Dinner, 5:30-7:30 p.m., El Segundo Woman's Club, 228 Standard St. For more information call Blanche at (310) 322-5428.

SATURDAY, MARCH 16

• Concerts in the Library: Bridge of Dreams -- a Musical Journey to China, 2 p.m., 111 W. Mariposa Ave. For more information call (310) 524-2728.

ONGOING

• Free Tax Preparation Assistance for seniors and low-income residents on Tuesdays, from 11 a.m.-3 p.m., at the Joslyn Center. Call (310) 524-2705 for an appt. Must bring 2012 tax return documents and all W-2 and 1099 forms.

• El Segundo Public Library "Let's Celebrate Good Reading" Event Feb 4-March 30. For more information call (310) 524-2722. •

Police Reports

SUNDAY, FEBRUARY 17

One male adult was arrested at 1130 hours from the 100 block of Sierra Street for indecent exposure.

Burglary (commercial) report was taken at 1347 hours from the 800 block of Apollo Street. Unknown suspect(s) gained entry into a business through unknown means. Taken were two television sets.

Burglary (residential) report was taken at 1551 hours from the 500 block of North Sepulveda Boulevard. Unknown suspect(s) gained entry into the victim's room through unknown means. Taken was a laptop computer.

Burglary (vehicle) report was taken at 1904 hours from the 1900 block of East Mariposa Avenue. Unknown suspect(s) gained entry into the victim's vehicle by punching the

lock. Taken was a Garmin GPS Unit.

Injury Report was taken at 1940 hours from the 1800 block of East Sycamore Avenue. A female adult overdosed on a narcotic drug.

One male adult was arrested at 2129 hours from the 1900 block of East Mariposa Avenue for plain drunk in public.

One male adult was detained at 2136 hours from the 700 block of Main Street and transported to Harbor General Hospital for a 72-hour psychological evaluation.

SATURDAY, FEBRUARY 16

One female adult was arrested at 0209 hours from the 400 block of South Sepulveda Boulevard for misdemeanor DUI.

On-line misdemeanor hit and run report was taken at 0837 hours from Franklin

See Police, page 12

Computer Ninja

Preparing to Take Your Computer in For Repair

By Alex Bryan

Computers and cars are pretty similar: both require regular maintenance, fail unpredictably, and disrupt your life when they do. Computer technicians live in a world where their (often desperate) clients know very little about the work they'll be performing. Sometimes this lack of knowledge is taken advantage of and at some major computer repair retailers, doing so is actually a required part of the job. Here's a few tips for next time your computer breaks.



mean the best deal!

4. Protect Your Data

Many shops, especially those with quick turnarounds, don't take the time to backup your data. This means that if your hard drive fails during repair or a technician makes a mistake, you could lose years worth of your most important information. Find that information and email it to yourself, put it on a flash drive, or use an free online backup service like spideroak.com.

5. Sanitize Your Computer

During the normal course of a repair, a technician will have to see some of your files. It's too often we see news stories about how technicians were going through people's files when they didn't need to – usually looking for private pictures, credit card information, or passwords to online accounts. There is a problem in our industry that unfortunately many technicians don't respect their client's privacy, which is why I suggest deleting anything sensitive off your computer. If you're dealing with a particularly motivated technician, they might use data recovery tools to "un-delete" your files so you'll have to wipe them instead. I'd suggest using a

1. Get Ready to Talk to a Technician

Before you pick up the phone, come up with a list of symptoms and problems. Has your computer been restarting randomly or giving you any specific error messages? When did this start? Did you install any new hardware or software right before it did? Not only will answering these questions make you less likely to be taken advantage of by the technician, you'll also get you a more accurate quote on the repair.

2. Do Your Research

Before taking your computer to just any shop, do a quick search online to find some

"It's too often we see news stories about how technicians were going through people's files when they didn't need to – usually looking for private pictures, credit card information, or passwords to online accounts."

reviews. Sites like Yelp and Google are an excellent resource for this. Ask your friends and family if they know anybody – finding a good, honest repair technician isn't easy so if you know somebody who has already done it, why re-invent the wheel?

3. Get Quotes from Shops

If you get a quote that seems a little high, shop around! Some shops charge flat-rates while others bill by the hour. Most places will give you a quote by phone but if you need to bring in your computer, ask if the shop charges a diagnostic fee. Remember that the cheapest service does not always

program such as eraser (<http://eraser.heidi.ie/>) for this job. If you're getting hardware repaired (such as a bent power jack), you can remove the hard drive entirely before you take it into the shop.

6. Don't Be Afraid to Ask Questions

After your machine is repaired, ask the technician what you can do to maintain your computer's health. If you are confused about what was done with your machine or why it failed, ask!

Want 'The Ninja' to tackle your computer headaches? Send your questions to column@calltheninja.com •

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Herald In Sydney, Australia

The El Segundo Herald traveled to Sydney, Australia with Marc Shapiro.

Public Works

from front page

Annual programs include slurry sealing as well as sidewalk, curb and gutter replacement/repair. Among the previously funded projects scheduled to start this year are elevated tank restoration, a new potable water tank feasibility study, City Hall sub-metering, and consolidation of Pump Stations 1 and 7.

Also on the list of priority projects is a permanent sewer connection for the long-awaited El Segundo Beach restroom facility and lifeguard station. Until that is installed, the facility will rely on a holding tank and routine pumping. Originally set to open in the summer of 2011, the beach facility hit a major glitch when the contractor went bankrupt midstream, delaying the proceedings by seven months until a bond company could evaluate the work already completed and what still needed to be done. The bond company became the "owner" of the project and hired a new contractor to resume work according to a new schedule. The replacement crews also had to fix errors made by the original contractor, further delaying completion. Katsouleas had not set a grand opening date for the beach facility as of press time, although she expects it to be sometime in March. "I can't schedule anything until there is power to the building," she explained. "Southern California Edison set the meter last week, but actual power must come from LA DWP's lines because SCE has no facilities in the area to serve the building. We are working with LA DWP to make that happen now."

Also on the backlog list is a project to complete the City's fiber optic network. The move will pay for itself in just a few years time because the City can transition from AT&T to an Internet-based phone system and save thousands of dollars annually. "We are now entering the cabling portion of the project," said Katsouleas. "Last year, we installed the conduit and planned to immediately follow

with the cabling portion of the job. However, the conduit install was more expensive than originally projected due to the discovery of existing but crushed conduit that had to be repaired." Katsouleas expects the cabling to be completed in May, at which time all City facilities will be connected fiber-optically. "This will also lead to enhancements for the public, including faster Internet connections at the library and high school, and eventually a robust free downtown Wi-Fi environment."

Examples of projects either under grant or contractual deadlines include the Mariposa Avenue storm drain, the Maple Avenue street rehabilitation and Nash Street storm drain, sewer replacement on Maple, telemetry building relocation, and water line capping project. "We are also undertaking smaller projects which require Public Works bidding procedures, but are more long-term in nature," said Katsouleas. "These include releasing bid packages and making awards for ongoing elevator maintenance and repair, HVAC maintenance and repair, on-call plumbing, electrical and general carpentry services, and sewer lift station maintenance and repair."

Public Works is responsible for distribution of potable water as well as sewer, street, sidewalk, curb, storm drain and gutter maintenance and repair. It also oversees all of the City's facilities, maintenance equipment, vehicle fleets and engineering functions. In essence, the department keeps El Segundo functioning for businesses and residents. "And although it's not part of our adopted capital program, we are also committed to collaborating with other City department staff who have Public Works support needs, such as soccer net replacement, door replacements, pool maintenance, roof repairs, plumbing upgrades, kitchen upgrades, etc.," added Katsouleas. "Overall, we're looking at a very aggressive capital program for the coming year." •

City Council

from front page

map amendment to expand the permit, if necessary. Councilmember Bill Fisher added that it will also be important to keep an eye on the east side of Washington where permit parking won't be in place.

According to additional information received from Public Works Director Stephanie Katsouleas, the new system will become effective on March 25 and only the 20 or so residential addresses adjacent to the restricted parking zone will be issued permits. Those who qualify must show proof of residency such as a utility bill showing a matching registration address. The City will then issue up to three permits per address with valid registration for each vehicle—but not more because parking is unrestricted on the opposite side of the street. For that reason, residents won't be able to acquire additional guest permits either.

Permits will be issued beginning March 6. Permit parking signs will go up on March 25, with a grace period until April 15 when violating cars will be warned but not ticketed. Police will issue tickets after April 15 to vehicles not displaying the permit. Restricted hours will be between 10 and 11 a.m. and 2 to 3 p.m. Monday through Friday. The permits will be good through the last day of the year and must be renewed annually prior to December 31.

Katsouleas indicated that impacted residents and property owners will soon receive a letter about the program. Additional information will run on the local cable station and be posted on the City's website and Nixel.

Also on Tuesday, the Council approved a move for City staff to take over the lion's share of design services connected to the local residential sound insulation (RSI) program. Doing so will save an estimated \$1 million per 300 homes treated since hiring outside consultants is considerably more expensive than staying in-house for the work (\$1.5 million versus \$500,000). RSI Program Manager James O'Neill noted that staff has

done the majority of the design work over the past year to great success. The City will continue to use consultants in specialized areas on an occasional basis, such as if a home has a unique architectural element or complex structural issue, and to keep City staff informed on changes to California codes and regulations. RSI O'Neill also confirmed that the City on Tuesday officially received a \$9.2 million funding commitment from Los Angeles World Airports that will subsidize sound insulation for 329 homes.

During her report, newly appointed City Treasurer Crista Binder noted that she and her staff were halfway through treasury assessments of each of the City departments and that a request for proposal would be drafted in early March for general banking services. She is also reviewing the prior two years' cash flow to develop a liquidity target and establish investment guidelines.

At the beginning of the meeting, the Council recognized the American Red Cross for that organization's contributions and volunteerism. Santa Monica chapter CEO Julie Thomas was in attendance to accept the honor. A representative from Metro then presented an overview of the white-striped High Occupancy Toll (HOT) lanes that opened on the I-110 Harbor Freeway from Torrance to Downtown Los Angeles in November (replacing the old yellow carpool lanes) in an attempt to improve traffic flow. The same program will start shortly on the I-10 Freeway heading east from Downtown LA. All vehicles driving in the ExpressLanes no matter what time of day must have a FasTrak transponder that is available on Metro's website, the agency's Gardena and El Monte offices, or at nearby AAA, Costco and Albertson's locations. The switchable transponder allows motorists to declare their status as single drivers (requiring a toll payment) or as having two or more occupants (toll-free on the 110). Those in violation (with enforcement by photo or CHP officers) pay a \$25 penalty for the first notice and \$30 for the second. •

Local Artist Competes in SyFy's Face Off

By Cristian Vasquez

Kris Kobzina's art skills have earned him several opportunities to excel in the field of art and makeup--his most recent being with the SyFy network's series *Face Off*. All it took for El Segundo's Kobzina to find his passion for art was his mom sitting him down to watch the 1931 adaptation of *Frankenstein*.

"That's how it started--it was all about learning how they [artists] create the death makeup. Any book at the library that I could check out about it, I would take them and disappear in my room and try to recreate some of the creations I had seen on TV," Kobzina said. "I used to even write letters to some of the older makeup artists and some of them sent responses back. I was always drawn to anything involving special makeup, any new creatures and even character makeup. I find it so fascinating how they can make something out of nothing or out of clay and make it so lifelike and believable."

Face Off is one of the SyFy network's most popular shows. Contestants display their skills, abilities and imagination in the world of special effects as makeup artists. From full-body paint challenges on models to having to create their own villain, the artists compete for the opportunity to become

less stressful for all of us."

The 41-year-old artist has been in the industry for more than 11 years and has worked with productions such as the Emmy Award-winning team for *Six Feet Under* in 2004. Kobzina aspires to open his own SFX lab where he can develop his work into having a Rick Baker-like (famous makeup artist) quality.

"I will have to say that I was pretty confident with all of my skills except for the time management portion," Kobzina said. "I knew that was going to be an issue, just because working in a normal shoot--unlike a 14-hour-day shoot--they end up giving you weeks to make something. So you have time for tests and to make sure that everything is right. In this sort of competition, there is really no time for tests or error, so you really have to manage your time and keep your eyes on the clock and budget that time wisely so that you have enough time to move on to the next step and get the finished makeup complete. Time management was my enemy there at first, but as each episode went I got a little better about it."

Looking back on his first competition, Kobzina recalls being surprised that he won. "I lived in Florida for a period of time--this is

"I will have to say that I was pretty confident with all of my skills except for the time management portion."

the guest lecturer at the Make Up Forever Academy in New York and Paris, a 2012 Toyota Camry Hybrid and \$100,000.

"I have to be honest--I saw the very first season and a few friends of mine started suggesting that I should try to compete--but when I started thinking about reality shows, I started to think about the worst case scenarios where we would be having fights and I really wasn't looking forward to all the drama," Kobzina said. "But once I found the first season, I saw the camaraderie between the artists and that's when I said I wanted to be in this. So I have been trying since season two to be on the show."

Having made it onto the show has been nothing but a good experience so far for Kobzina, who is enjoying the company of like-minded professionals. "It is a very low-drama environment and once we all got to know each other, we knew that we all share the same passion for special effects," Kobzina said. "Once we all started talking, we realized the season was all about the art and very little drama. We all got along so well that it almost felt to me that instead of being a makeup competition, it was an opportunity to make some creatures and characters with my friends. It didn't have that edgy feel as if we were just very focused on our projects. We all kind of help each other out as much as we could and it just made the show a lot

before I even took a makeup course--and we dressed up for Halloween one year and went to one of the local bars that had a contest," Kobzina said. "I didn't expect anything and all of a sudden I won a cruise to the Bahamas. So my roommate turned to me and said, 'You need to do this professionally.' I was kind of downplaying it and saying that I couldn't hang with the professionals nowadays since they are so good and I didn't really know anything. So under my nose, my roommate actually sent away information for a few schools in the United States and it really got me started and made me start to think that I could really do this as a career."

With the access to information and technology, Kobzina believes that makeup artists have every opportunity to excel if they take advantage of the resources. "Back in the day, all we had was books in the library and whatever else we could get our hands on. Nowadays, kids have access to YouTube and the Internet," Kobzina said. "There are so many different techniques that you can literally see. Even if you're interested in it or just want to dabble in makeup, I always recommend that beginners look at books and I will also direct them to online sources. That really does answer a lot of questions for you."

Persons interested can watch Kobzina on *Face Off* on the SyFy network on Tuesday nights at 9 p.m. •

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Politically Speaking

One Man's Opinion

By Gerry Chong

The fact that we are here today to debate raising America's

debt limit is a sign of leadership failure.

It is a sign that the U.S. government cannot pay its own bills.

It is a sign that we now depend on ongoing financial assistance

from foreign countries to finance our government's reckless fiscal policies.

Increasing America's debt weakens us domestically and internationally.

Leadership means that the buck stops here.

Instead, Washington is shifting the burden of bad choices today

onto the backs of our children and grandchildren.

America has a debt problem and a failure of leadership.

Americans deserve better.

--Senator Barack Obama, March 2006

We don't have a spending problem.

--President Barack Obama, January 1, 2013

In ancient Greece, a cadre of self-proclaimed intellectuals named themselves "Sophists," translated as "I am wise." Wikipedia said "these intellectuals had one thing in common: They typically had a great understanding of what words would entertain or impress or persuade an audience. Hence today, Sophists use specious arguments for purposes of deceiving someone. They use rhetorical sleight of hand and ambiguities of language

increase of 49 percent from January 2009 to November 2012. New enrollees are joining the ranks of those that cannot feed themselves at the rate of 11,000 people *per day!*

The Sophist makes the populous argument that the "rich don't pay their fair share," ignoring the fact that the wealthiest one percent pay 35 percent of income taxes, and the top five percent pay 59 percent. For the Sophist to appeal to his political base, there can be no limit to a "fair share."

While Sophists call for restructuring of the tax code as a euphemism for tax increases, they ignore the reality that taxes on all segments of society have already increased. The tax rate on the wealthy has risen to 39.6 percent, the employment tax on all earners has gone from four percent to six percent, and employers will be hit with a range of Obamacare taxes--all withdrawing capital from the job-growing segment of the economy.

The Sophist claims "redistribution" will create a fairer nation, but ignores the most basic fact that splitting a country into "payers" and "receivers" divides a country into two camps, making impossible "one nation, under God, indivisible."

The Sophist proclaims that increasing government spending should accelerate until the economy recovers, but unbridled spending will destroy the economy before it can recover. As a corollary to the spending conundrum, on February 5 the Congressional Budget Office noted that the national debt

"The tax rate on the wealthy has risen to 39.6 percent, the employment tax on all earners has gone from four percent to six percent, and employers will be hit with a range of Obamacare taxes--all withdrawing capital from the job-growing segment of the economy."

in order to deceive or to support fallacious reasoning. In this view, the Sophist is not concerned with truth or justice, but instead he seeks power."

Today's Sophist tells that we are better off, even as food stamp participation has grown from 32 million to 47 million people...an

had exploded 23 percent, from \$13 trillion to \$16 trillion, in just 16 months. Over 10 years, interest on that debt will grow from \$1.76 trillion to \$3.64 trillion so that by 2020, interest expense will equal defense spending.

So beware of the grinning Sophist who claims, "We don't have a spending problem." •

Another Man's Opinion

Health Care: It's About Human Lives

By Cristian Vasquez

Much can be debated about the possible outcome of President Barack Obama's Health Care Reform. Staunch conservatives attack the reform and label it part of a Communist shift in our nation's economy. Liberals attack the reform as not providing enough for those in need. Still, those stuck in between the factions are left wondering how much the reform will cost, save and overall change the effectiveness of our health care system. While many valid arguments can be made in favor and against the reform, what is certain is that President Obama's Health Care Act is a necessary step in the right direction to addressing a basic human need: medical care.

To begin, the reform is not the beginning

overall these providers have viewed the insured as commodities. Human beings have been considered no more than pawns in the game of supply and demand who can be discarded at the first sign of a lost profit. How can we, as a proud Christian nation, be fine with that? Since when did Mom and Dad, Grandma and Grandpa become disposable?

It is tragic that in our country, with some of the best medical experts on the planet, people were being dropped from coverage and treatment because of a preexisting condition. The President's reform act prevents this and rightfully so. While I am considerate of these insurance companies' need to make a profit, it can be done without sacrificing the lives of ordinary, hardworking people. There is

"While I am considerate of these insurance companies' need to make a profit, it can be done without sacrificing the lives of ordinary, hardworking people.."

of a Communist or Socialist state in America. Communist and Socialist states control the means of production and the Health Care Reform Act does not control production. It does, however, determine what insurance companies can and cannot do. In other words, it regulates the actions of an insurance company when it comes to determining who they will cover, who they won't cover and why. At its core, this is a necessary step in order to attain an effective health care system in our nation.

For too many years, insurance companies have denied coverage to individuals with preexisting conditions. From diabetes to high blood pressure or even a broken arm, a preexisting condition was enough for an individual to have their insurance company drop them or have a new provider deny them coverage. Given, not all of the insurance companies operated the same way. However,

absolutely no way to justify a company's refusal to cover a person's ailments because they are predisposed to their condition in the name of profit.

For too long, insurance companies have failed to address the issue of preexisting conditions by simply ignoring the patient. With this reform, insurance companies will be forced to address preexisting conditions in patients through an effective and humane business model. They will have to provide an option that the patient can work with and that will neither impose all of the financial burden on the insurer nor the insured. It is sad that it took a federal law to force insurance companies to take these steps because as Americans, we are very kind-hearted, generous individuals. Nobody wants to see their brother or sister dropped from coverage or denied coverage because of a preexisting condition and neither does President Obama. •

From the Source

Political Q & A

By Gerry Chong

Last week in our initial column asking our political leaders their positions on important topics of the day, we had asked Congresswoman Maxine Waters, Senator Ted Lieu and Assemblyman Steve Bradford about their views on the most optimistic thing we in the South Bay can look forward to in 2013. Their responses were published last week.

This week, we posed a similar question to Chairman of the Los Angeles County Board of Supervisors Mark Ridley Thomas and supervisor Don Knabe. Specifically, we asked, "What are the opportunities and challenges you see at the County level for South Bay communities in 2013?"

Chairman Ridley-Thomas responded:

The South Bay region has unique assets and challenges. For example, its attractive beach and hillside communities have special transportation requirements, so we are working at the County and with the Metropolitan Transportation Authority to relieve road congestion and extend public transit. We also are experimenting with novel congestion mitigation programs such as FasTrak lanes and electric vehicles for local trips. Our hospitals, including Harbor/UCLA, are second to none and we continue to modernize

them, most recently with new emergency and operating rooms. The challenge overall in the South Bay is to maintain the quality of life that attracted its residents, while adapting to environmental and technological changes.

Supervisor Knabe said:

Each and every city and community within the South Bay faces its own unique challenges and opportunities in 2013. Los Angeles County stands ready to assist its residents with all available resources to meet those moments together in the coming year.

We at Herald Publications see this column as a public forum in which readers can suggest questions of their political leaders. We therefore urge you to submit your questions to South Bay office-holders in Congress, the State Senate, the State Assembly and the County Board of Supervisors by transmitting your inquiries to gchong@chongco.com. We will do our best to solicit answers to your inquiries.

Next week, we will ask Senator Rod Wright and Assemblyman Al Muratsuchi the following question: "Each year, the State Legislature passes more than 1,000 bills, the vast majority of which are signed into law. Is there such a thing as too many laws? If so, how should we control their volume?" •



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Illustrated by Lili Chin www.dogdrawings.net

Sports

Frankly Plank

By Duane Plank

Well, the Lakers sad season was due for about their 10th re-set last night, when the still mightily struggling Purple-and Gold played host to the hated Boston Celtics at Staples. It was the first Laker game played after the passing of iconic Laker owner Jerry Buss, who died early Monday morning at the age of 79. Buss had been very ill for awhile, and hadn't been able to be actively involved in the organization for a long time, letting his kids take over the reins of the supposed super-team.

Maybe, finally, the Lakers will be able to put things together and catch someone out there for the eighth and final playoff spot in the Western Conference. Which will probably set-up a quick bouncing from post-season festivities. But the key is just to get in the tournament, as my eighth-seeded hockey Kings proved last year when they backed into the playoffs in the last couple of days, only to catch fire and mercilessly steamroll four opponents en route to capturing Lord Stanley's Cup.

The best basketball team that calls Staples home, the Clips, faces no such playoff dilemmas. Seems like they are getting healthy at the right time, with the best point-guard in the NBA, Chris Paul, fresh off an MVP performance at the All-Star soiree, leading a bunch of hoopsters as they cavort on the Staples hardwood. Not need to mention the fact that the Clips pasted the Lakers last week, taking a 3-0 lead in the season series.

Speaking of the Kings, left them for dead last week. Sort of. Well, they strung together a couple of wins against St. Louis and Columbus before sleepwalking their way through the first two periods against the mighty Chicago

Blackhawks in a nationally televised game before perking up in the third period, only to succumb to the Central Division leaders, 3-2.

Always straight to the point, King Coach Darryl Sutter didn't mince words after the latest loss, chastising certain players who a lot of more is expected of, including star defenseman Drew Doughty, alleged sniper Simon Gagne, and the pretty much done Dustin "Rustin" Penner.

Noting that the three aforementioned players had combined for zero goals up to that point, Sutter pointed out that he wasn't expecting to look to the minor leagues and the Kings Manchester affiliate to perk up the offense. It is what it is, and with players like forwards Dwight King and Trevor Lewis not producing, the Kings will need to turn it around quickly, or be dispatched to the also-ran category in the Western Conference. Boy, June 11, the night Dustin Brown and the boys skated around the Staples ice with the Cup seems like a long time ago, doesn't it?

But, to be fair, the Anaheim Ducks have been playing great, and are perched atop the Pacific Division after finishing off a stellar road-trip. Think that they may have a little room on their bandwagon in case I decide to leap aboard?

Didn't make it out to Riviera last week to watch the stallions of the PGA Tour at the famed Pacific Palisades golf course. Tried to freeloan an invite to one of the corporate tents, all to no avail.

And, finally, my girl Danica Patrick took the pole position for the Daytona 500 that will take place this Sunday. Says here that there is no way that she wins the race, but sitting pretty in first at the start of the Super Bowl of stock-car racing isn't a bad thing, right? •

Sports

Winter Seasons Come to End

By Gregg McMullin

All seasons come to an end and for the El Segundo High School girls' water polo, soccer and basketball teams, it ended during playoff competition. The boys' basketball and soccer teams were left out of the playoffs this year.

What started back in November and promised to be an exciting season came to a conclusion in the CIF Southern Section playoffs. Each of the girls' teams was loaded with potential and promising players. The water polo team was looking to four-peat an Ocean League title while the basketball and soccer teams hoped return to the playoffs.

With potential comes the inexperience of younger players who will have so much to offer in the future. Take for example the water polo team, which ended the season in third place in the Ocean League. With just three seniors on the squad including Jordan Stiggers, Trisha Mullen and Kelsie Wilson, the Lady Eagles looked to a number of juniors, including Naz Puma, Natalija O'Brien and Lizzie Ginther, to step up. Two sophomores to watch in the future are Elise Van Heuven and Cassidy Shevlin.

In their final game against Mayfield, El Segundo played with a lot of intensity against a team averaging nine goals per match. Though the Lady Eagles played from behind from the beginning and were down by as many as three goals, they made it a game only to fall 7-5.

Stiggers had a stellar game and kept her team in the match with 12 saves. Ginther, who led her team in scoring this year, had two goals, while O'Brien, Puma and Mullen each had one goal apiece. With the roster that returns next year, coach Fotis Davlantis' team looks to be in the Ocean League title hunt.

The girls' soccer team resembled the water polo team in terms of experience and the potential to be very good in the future. First-year coach Tony Hobbs took a very young squad to the playoffs. It marked the team's 11th consecutive appearance in the postseason. That says a lot for a team that was in the midst of a coaching transition and decimated by injuries to key players.

The Lady Eagles placed third in the Pioneer League behind top-ranked South Torrance--a team ranked 10th in California and 25th in the country--and Torrance, which has lost just three games all season. The Eagles gave both schools all they could handle before the playoffs started.

In the wild card game, the Eagles faced Beverly Hills. The Normans placed third in the highly competitive Ocean League and

scored the only goal of the match in the first half to end the Eagles' season. Coach Hobbs is confident his team will continue to improve and play at a high level next year, especially with 11 players returning.

Head girls' basketball coach Kelly Evans has to be very pleased with what her team did this season. With just one senior on the roster and a number of young players loaded with potential, the Lady Eagles embarked on a solid and successful season. They ended the year with a 15-13 record, which matches the season before. The 30 wins over two seasons are the best the school has had in over 15 years. The team won its own tournament in December--a first in school history--and for the first time in years, a freshman ran the offense. When you stop to consider that the Eagles started a freshman, a sophomore and two juniors, you can understand why Evans is excited about the future.

The only downfall to the team is in the rebounding department. That was its downfall against Marlborough in the first round of the CIF Southern Section Division 4AA playoffs. These two teams met earlier in the year and the Mustangs came away with a narrow 45-43 win. This time around, things would be different.

The Mustangs outrebounded El Segundo and connected from three-point range to take a 14-point lead in the second half. The Eagles then played tougher defense, caused a number of turnovers and cut the lead to two points late in the game. The Mustangs hit a key three-point shot in the last minute of play and held on for a 57-52 win over the Eagles.

Coach Evans anticipates next year's squad to be very competitive, but stops short on predicting how good it can be. The Lady Eagles will however be a quick team with some good perimeter shooters. Evans did say for the team to be successful, it will need to rebound better by getting inside position to compensate for lack of size inside.

EAGLE NEWS AND NOTES

The varsity baseball team took care of business in its final winter league game against Culver City. Willem Mostert continues to impress on the mound, while the offense banged out hit after hit on the way to a 12-5 win. Hunter Lewis keeps impressing the coaching staff with his solid infield play and bat.

The frosh/soph team played its only winter league game against Culver City and came away with an impressive 11-2 win. Pitching looks deep and the infield play was also

See Sports, page 15



Junior forward Kelsey Orseth gives the Eagles hope for the future. Photo by Gregg McMullin.

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Q & A with Beach Mex Restaurant

Q: What do you love the most about running a business in your home town?

A: Being able to give back and support the community and programs I enjoyed as a kid. We love supporting youth sports and the schools.

Q: How often does Beach Mex participate or host fundraisers?

A: We host a fundraiser night once a month for various local groups and charities and we donate silent auction items to pretty much everyone who asks. We believe you must give to receive.

Q: What are your goals for Beach Mex?


A: Our goal is to have Beach Mex be exactly what it is today, "THE LOCAL MEXICAN JOINT", for many years to come. We love watching families grow, little person by little person. We love the thought of being here 10 to 15 years from now seeing this new generation grow into young adults.

Q: Why are you, Beach Mex, different from other Mexican restaurants here in town?

A: That's a great question. We strive to produce a high quality product in a friendly comfortable environment. We buy the best meats & seafood which is evident in the flavor and consistency of our food. We also hire a lot of home grown staff which I feel adds to our overall personality. We try to represent all the wonderful things our small town stands for all the while serving great tasting Mexican food. Visit us at Beach Mex, 409 E. Grand Ave. El Segundo, www.BeachMex.com, 310-356-6393. •



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Owner and Clinic Director, Dr. Vincent Marcel has been in the health field for nearly 30 years. In addition to being a chiropractor he also provides nutritional analysis, is certified in Hyperbaric Oxygen, is a D.A.N. (Defeat Autism Now) Doctor, and an Educational Microscopist in Darkfield Health Services. Dr. Marcel is on the Medical Advisory Committee for Via Viente and conducts educational workshops for Standard Process Whole Food Supplements.

Dr. Vince is involved in his community by hosting various fundraisers. Last year Body Doc donated literally two tons of food, water and paper products to C.A.S.E., the local food bank in town.

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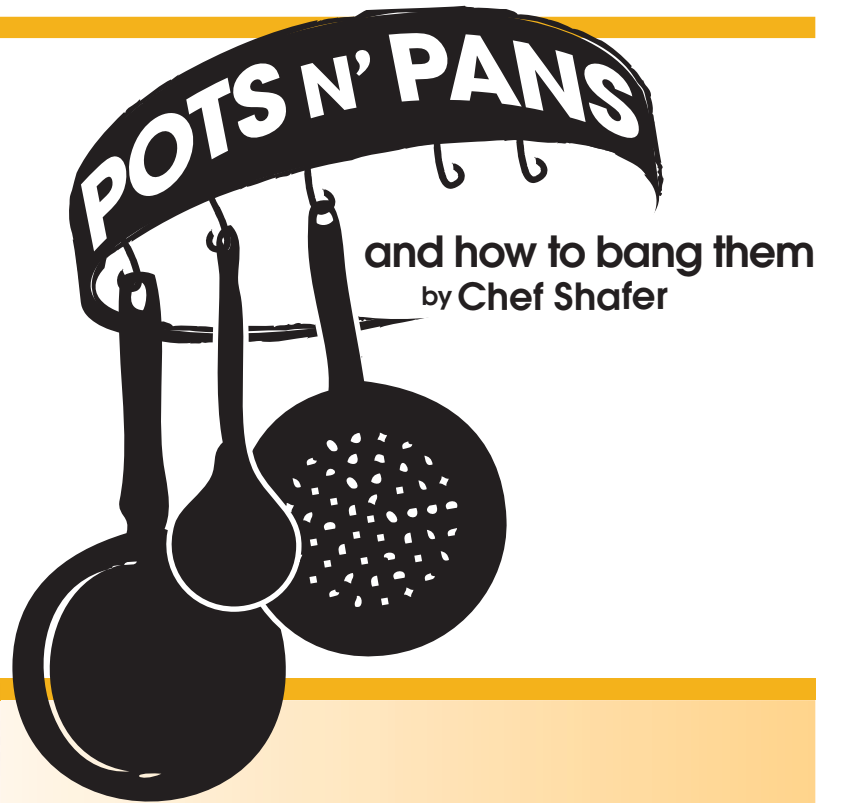
Well, hope you all recovered from the chocolate rush of Valentines Day.

This week's trivia question has to do with classical cuisine:
Name the five mother sauces.

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This week's recipe is for all you seafood lovers. Everyone loves scampi. That great combination of roasted garlic and sweet shrimp tossed in herbs and butter. This is a mix seafood dish that has the flavors of scampi but will stretch your food dollar.

The Chef



Seafood Scampi

Serves 4 to 6

- 1 pound peeled and deveined raw shrimp
- 1 pound 1/2 inch cubes of fish, such as salmon, mahi, halibut or other meaty fish that can hold up to sautéing
- 4 to 6 garlic gloves chopped
- 1/2 cup chopped red onion
- 1/4 cup good olive oil
- 2 cups diced fresh tomatoes
- 4 to 6 basil leaves chopped
- Salt and pepper to taste
- 1 15 oz. can of baby clams in clam juice
- 2 tablespoons butter

In a hot sauté pan add the oil then the garlic, onions, shrimp, and fish. Toss all to get an even roast on all the components. Let it cook for about 1 min. Then add the tomatoes and the clams and the clam juice. Cook till the fish and shrimp are done. The shrimp should be pink and firm. Add the basil and butter. Check the seasoning to your liking with the salt and pepper. Pour over rice, pasta, or some crusty toasted bread and enjoy with a glass of chilled sauvignon blanc. Bon appetit. •



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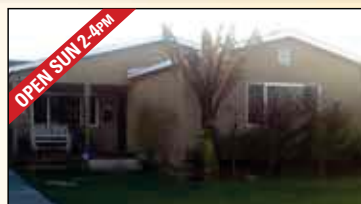
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Seniors

Coming Soon: A New Way to Buy Health Insurance

By David Sayen



When key parts of the health care law take effect in 2014, you'll have a new way to buy health insurance for yourself, your family, or your small business: the Health Insurance Marketplace. The Marketplace is designed to help you find health insurance that fits your budget, with less hassle.

Every health insurance plan in the new Marketplace will offer comprehensive coverage, from doctors to medications to hospital visits. You can compare all your insurance options based on price, benefits, quality, and other features that may be important to you, in plain language that makes sense.

You'll know you're getting a quality health plan at a reasonable price, because there's nothing buried in the fine print.

When you shop at the Marketplace, all your costs are stated upfront. So you'll get a clear picture of what you're paying and what you're getting before you make a choice.

California's Marketplace is called Covered California (www.CoveredCa.com). Under the health care law, you and your family also will have new protections. Health insurance companies can't refuse to cover you, or charge you more just because you have a chronic or pre-existing condition. And they can't charge more for women than for men.

Here are three things to keep in mind about the Health Insurance Marketplace:

It's an easier way to shop for health insurance. The Health Insurance Marketplace simplifies your search for insurance by gathering all your options in one place. One application, one time, and you and your family can explore every qualified insurance plan in your area -- including any free or low-cost insurance programs you may qualify for, such as Medi-Cal or the Children's Health Insurance Program.

Most people will be able to get a break on costs. Programs that lower costs are

available for almost everyone. You may be eligible for a free or low-cost plan, or a new kind of tax credit that lowers your monthly premiums right away. New rules and expanded programs mean that even working families can get help paying for health insurance at the Marketplace.

Clear, apples-to-apples comparisons. All health insurance plans in the Marketplace present their price and benefit information in simple terms you can understand, so you don't have to guess about your costs.

Starting on October 1, 2013, you'll be able to enroll in a health plan through Covered California. Detailed information will be available about all the insurance plans offered in your area.

You can sign up now at www.CoveredCa.com to get email updates that will let you know how to get ready to enroll in the plan of your choice.

If you have difficulty finding a plan that meets your needs and budget, there'll be people available to give you personalized help with your choices. These helpers aren't associated with any particular plan, and they don't receive any type of commission, so the help they give you will be completely unbiased.

www.CoveredCa.com will be much more than any health insurance website you've used before. Insurance companies will compete for your business on a level and transparent playing field, with no hidden costs or misleading fine print. You'll have more choice, more control, and more clout when it comes to health insurance.

Insurance coverage offered through Covered California takes effect on January 1, 2014.

David Sayen is Medicare's regional administrator for California, Arizona, Hawaii, Nevada, and the Pacific Trust Territories. You can always get answers to your Medicare questions by calling 1-800-MEDICARE (1-800-633-4227).

Police

from page 2

Avenue and Richmond Street, vehicle versus parked vehicle.

A battery report was taken at 1154 hours from the 500 block of Main Street. Known suspect punched and kicked the victim in the face.

A vandalism report was taken at 1702 hours from the 200 block of California Street. Unknown suspect(s) spray painted three different buildings.

One male adult was arrested at 2004 hours from the 200 block of East Grand Avenue for misdemeanor DUI and for one outstanding misdemeanor LAPD warrant.

A vandalism report was taken at 0021 hours from the 300 block of Market Place. Unknown suspect(s) spray painted a block wall.

FRIDAY, FEBRUARY 15

A forgery report was taken at 0805 hours from the 300 block of El Segundo Boulevard. Known suspects opened a bank account using fraudulent checks and withdrew money.

A traffic accident (with no injuries) occurred at 0914 hours at East Maple Avenue and Nash Street, vehicle versus vehicle.

A burglary report was taken at 0932 hours from the 800 block of Main Street. Unknown suspect(s) took two bicycles from a gated garage.

On-line property report was taken at 1107 hours from the 300 block of North Continental Boulevard. A wallet was reported missing.

One male adult was arrested at 1146 hours from the 1400 block of East Imperial Avenue for domestic battery.

Property report was taken at 1505 hours from the 300 block of Main Street. Marine flares were turned in to be destroyed.

Traffic accident (with injuries) occurred at 1642 hours in the intersection of Douglas Street and Park Place, vehicle versus motorcycle.

One male adult was arrested at 2151 hours from the 300 block of Richmond Street for vandalism and possession of vandalism tools.

THURSDAY, FEBRUARY 14

A stolen plate report was taken at 0457 hours from the 200 block of Main Street. Unknown suspect(s) took a rear license plate.

A domestic violence report was taken at 0700 hours from the 1700 block of East

Sycamore Avenue. Known suspect threw and kicked the victim.

On-line grand theft report was taken at 0630 hours from the 400 block of Sierra Street. Miscellaneous snowboard and camera equipment was taken.

A burglary (vehicle) report was taken at 1024 hours from the 900 block of Pepper Street. Unknown suspect(s) broke a window and took a laptop.

A misdemeanor hit and run report was taken at 1626 hours from the 2200 block of East Imperial Highway, vehicle versus vehicle.

An identity theft report was taken at 1832 hours from the 1500 block of East Elm Avenue. Unknown suspect(s) used the victim's identity to open a cell phone account.

A recovered vehicle report was taken at 2333 hours from the 800 block of Apollo. On 02/11/13 a repossession company towed the vehicle, but failed to notify ESPD or the victim. The victim unaware of the vehicle's repossession reported the vehicle stolen.

WEDNESDAY, FEBRUARY 13

One male adult was arrested at 1327 hours from the 6000 block of Overhill Drive in Los Angeles for burglary and robbery.

One male adult was arrested at 1826 hours from Imperial Avenue and Main Street for misdemeanor DUI with a BAC of .08% percent or above.

TUESDAY, FEBRUARY 12

Vandalism report was taken at 0804 hours from the 100 block of Nevada Street. Unknown suspect(s) spray painted graffiti on the wall of a business.

Vandalism report was taken at 1430 hours from the 100 block of Center Street. Unknown suspect(s) spray painted graffiti on the wall of a business.

One male adult was arrested at 2347 hours from the 2000 block of East Rosecrans Avenue for interfering with a peace officer and plain drunk in public.

MONDAY, FEBRUARY 11

Property Report was taken at 0924 hours from the 500 block of North Sepulveda Boulevard. A cap gun and ammunition were turned in for destruction.

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WEEKLY CROSSWORD See Answers Next Week
Fairy Tales

1	2	3	4	5		6	7	8	9		10	11	12	13	
14						15					16				
17						18					19				
20									21						
					22		23	24			25				
26	27	28	29			30			31						
32					33	34				35	36	37	38	39	40
41									42						
43								44							
						45	46					47			
48	49	50	51	52		53				54	55				
56						57				58		59	60	61	62
63								64	65						
66								67						68	
69								70						71	

- Across**
- 1. Founder of PLF
 - 6. Time out?
 - 10. Morrison and Cramer
 - 14. It was founded in 1909
 - 15. Burgeon
 - 16. Berry touted as medicinal
 - 17. Home-builders association?
 - 20. Skeleton parts
 - 21. Laurels
 - 22. Asportation, e.g.
 - 25. Marshal
 - 26. Aggregation
 - 30. To boot
 - 32. Succulent plant
 - 35. Benign tumor
 - 41. Extortionist?
 - 43. Ranges
 - 44. 1992 Christopher Reid movie
 - 45. Bibliographic abbr.
 - 47. Kid
 - 48. Group of eight
 - 53. Rice
 - 56. Involuntary response
 - 58. Entry
 - 63. Grimm duo?
 - 66. Bladed weapon
- Down**
- 1. Hill dwellers
 - 2. Thai currency
 - 3. Plain
 - 4. Maple genus
 - 5. Done for
 - 6. Special effects: Abbr.
 - 7. Food scrap
 - 8. Sacred songs
 - 9. Some punches
 - 10. Quipster
 - 11. Less cordial
 - 12. Fruit residue
 - 13. Cream puff
 - 18. ___-di-dah
 - 19. Pilot's announcement, for short
 - 23. All ___
 - 24. Train part
 - 26. Normal prefix
 - 27. Astringent
 - 28. ___ jellies
- 29. Cap
 - 31. Guisado cooker
 - 33. Chow checker
 - 34. It may follow something
 - 36. "___ De-Lovely"
 - 37. Head-turner
 - 38. Thumbs-up
 - 39. Jagger
 - 40. Penny, perhaps
 - 42. In a bad way
 - 46. Plant native to South America
 - 48. Catchall category
 - 49. ___ myrtle
 - 50. Shaded
 - 51. Vaulted recesses
 - 52. Expire
 - 54. Make a sharp turn
 - 55. Large amounts
 - 57. Blind segment
 - 59. Copper
 - 60. Case
 - 61. Dehydrated
 - 62. Winter toy
 - 64. Kan. neighbor
 - 65. Like some humor

Last Week's Answers

1	W	A	T	S		5	C	I	R	C	A		10	D	I	V	E	
14	A	B	U	T		15	A	R	E	A	L		16	U	S	E	R	
17	G	E	N	U	I	18	N	E	A	R	T	19	I	C	L	E	S	
20	S	L	A	N	G													
26	L	O	T			27	A	O	N	E		30	C	L	O	C	H	E
32	A	S	A	M	A	T	T	E	R	O	F	F	A	C	T			
35	M	I	L	O														
41	A	N	Y	O														
56	E	N	C	A	S	H	E	S										
63	T	E	L	L	I	N	G	T	H	E	T	R	U	T	H			
66	C	R	I	B														
69	H	O	P	S														

SUDOKU Medium

			5	8	9			3	
							8		
	8		2	3				7	
		4	7				3	2	
6	3		8		2			1	4
7		2			1	5			
	6			1	3			8	
		1							
9			6	7	5				

Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.

Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).
Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.
Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

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2BD/1BA. ES. Avail. 4-1-13. 220 Arena St. \$1550/mo. Call (310) 545-2845.
GARAGE SALE
608 E. Holly Ave #1, ES. Sat, 2/23,

8 a.m. to 12 noon. Moving- Garage Sale. Household items, toys, books, etc. All must go!
205 W. Maple. Sat. 2/23, 7:30 a.m. Household items, furniture, clothes, golf. All in excellent condition.
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Ask the DMV

Expert Answers to Common DMV Questions

Do you have questions about general driving related requirements like registration and insurance? Are you unclear about laws and restrictions related to driving? The California Department of Motor Vehicles has answers. Save Time. Go Online at www.DMV.ca.gov.
Q. I have noticed a lot of license plates that have DMV.CA.GOV on them. What does it stand for?
A. In 2011, the DMV began putting the department's website address on license plates. This is to encourage people to go online to complete their DMV tasks- saving them time! Remember to Save Time! Go Online! At www.DMV.ca.gov
Q. I saw a car the other day with a California license plate on the rear and a foreign license plate attached on the front. Is this legal?
A. When two license plates are issued, it is required that a one license plate be mounted on the rear to display the month and year sticker AND one on the front of

the vehicle. For more information about license plates, visit <http://www.DMV.ca.gov/pubs/plates/standardplates.htm>.
Q. I see that the DMV headquarters building is finally complete. How long did the renovations take?
A. This project has taken 14 years. The renovations began in 1998 in the second floor and continued throughout the building. It was strategically planned so that the building did not need to be vacated during the construction.
The DMV is a department under the Business, Transportation and Housing Agency, which is under the direction of Acting Undersecretary Brian Kelly. The DMV licenses drivers, maintains driving records, registers and tracks official ownership of vehicles and vessels, investigates auto and identity-related fraud, and licenses car dealers, driving schools, and traffic violator schools. For more information about the DMV, visit www.DMV.ca.gov.

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PUBLIC NOTICES

TSG No.: 5587930 TS No.: CA1100231714 FHA/VA/PMI No.: APN: 4136-001-028 Property Address: 513 WEST MARIPOSA AVEN EL SEGUNDO, CA 90245-0000 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 09/21/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 02/27/2013 at 10:00 A.M., First American Trustee Servicing Solutions, LLC, as duly appointed Trustee under and pursuant to Deed of Trust recorded 10/02/2006, as Instrument No. 06 2182357, in book , page , of Official Records in the office of the County Recorder of LOS ANGELES County, State of California. Executed by: CLIFFORD LONG AND TAMMY LONG, HUSBAND AND WIFE AS JOINT TENANTS, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) Behind the fountain located in Civic Center Plaza, 400 Civic Center Plaza, Pomona CA All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 4136-001-028 The street address and other common designation, if any, of the real property described above is purported to be: 513 WEST MARIPOSA AVEN, EL SEGUNDO, CA 90245-0000 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty,

expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$882,015.64. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be

aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call (916)939-0772 or visit this Internet Web <http://search.nationwideposting.com/propertySearchTerms.aspx>, using the file number assigned to this case CA1100231714 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse. First American Title Insurance Company First American Trustee Servicing Solutions, LLC 3 FIRST AMERICAN WAY SANTA ANA, CA 92707 Date: FOR TRUSTEE'S SALE INFORMATION PLEASE CALL (916)939-0772 First American Trustee Servicing Solutions, LLC MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE. NPP0213169 EL SEGUNDO HERALD 02/07/2013, 02/14/2013, 02/21/2013 El Segundo Herald: 2/7, 2/14, 2/21/13 H-23686

Fictitious Business Name Statement 2013023457
The following person(s) is (are) doing business as ONENINTH MEDIA. 1. 514 E. MARIPOSA AVE, EL SEGUNDO, CA 90245. 2. PO BOX 3011, EL SEGUNDO, CA 90245. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed. Signed: ONENINTH LLC., Manager. This statement was filed with the County Recorder of Los Angeles County on February 04, 2013.
NOTICE: This Fictitious Name Statement expires on February 04, 2018. A new Fictitious Business Name Statement must be filed prior to February 04, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: February 07, 14, 21, 28, 2013. H-871.

Fictitious Business Name Statement 2013019446
The following person(s) is (are) doing business as JUSTITIALLEGALSERVICES. 400 CONTINENTAL BLVD., 6TH FLOOR, EL SEGUNDO, CA 90245. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed. Signed: N. Dominique Riley, Owner. This statement was filed with the County Recorder of Los Angeles County on January 29, 2013.
NOTICE: This Fictitious Name Statement expires on January 29, 2018. A new Fictitious Business Name Statement must be filed prior to January 29, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: January 31, 2013 and February 07, 14, 21, 2013. H-866.

Fictitious Business Name Statement 2013009842
The following person(s) is (are) doing business as PAUL'S WINDOW CLEANING. 543 SHELTON ST, EL SEGUNDO, CA 90245. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed N/A. Signed: Paul Serbin, Owner. This statement was filed with the County Recorder of Los Angeles County on January 15, 2013.
NOTICE: This Fictitious Name Statement expires on January 15, 2018. A new Fictitious Business Name Statement must be filed prior to January 15, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: January 31, 2013 and February 07, 14, 21, 2013. H-862.

Fictitious Business Name Statement 2013023002

The following person(s) is (are) doing business as TRIO MANUFACTURING. 601 LAIRPORT STREET, EL SEGUNDO, CA 90245. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name listed September 2, 1996. Signed: Michael Hunkins, President. This statement was filed with the County Recorder of Los Angeles County on February 01, 2013.
NOTICE: This Fictitious Name Statement expires on February 01, 2018. A new Fictitious Business Name Statement must be filed prior to February 01, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: February 14, 21, 28, 2013 and March 07, 2013. H-878.

Fictitious Business Name Statement 2013028525

The following person(s) is (are) doing business as B & J SERVICE CENTER. 6551 W 80 ST, LOS ANGELES, CA 90045. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed February 11, 2013. Signed: William LaPonza Jr, Owner. This statement was filed with the County Recorder of Los Angeles County on February 11, 2013.
NOTICE: This Fictitious Name Statement expires on February 11, 2018. A new Fictitious Business Name Statement must be filed prior to February 11, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: February 14, 21, 28, 2013 and March 07, 2013. H-880.

2013019949 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS WEST COAST DENTAL GROUP OF BALDWIN PARK

Current File #2011090723
The following person has abandoned the use of the fictitious business name: WEST COAST DENTAL GROUP OF BALDWIN PARK, 4000 LA RICA AVENUE, SUITE D, BALDWIN PARK, CA 91706. The fictitious business name referred to above was filed in the County of Los Angeles ON AUGUST 30, 2011. Registrants: RYAN SEIN CHEIN LEE DDS INC. 4000 LA RICA AVENUE, SUITE D, BALDWIN PARK, CA 91706. This business was conducted by a CORPORATION. Signed: RYAN SEIN CHEIN LEE DDS INC., PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on JANUARY 29, 2013.

EL SEGUNDO HERALD: 2/21, 2/28, 3/07, 3/14/2013. H-881

NOTICE OF TRUSTEE'S SALE TS No. 12-0062112 Title Order No. 12-0110403 APN No. 4139-028-183 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 03/08/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Notice is hereby given that RECONTRUST COMPANY, N.A., as duly appointed trustee pursuant to the Deed of Trust executed by DAVID J WATSON AND LESLEY J WATSON, HUSBAND AND WIFE AS JOINT TENANTS, dated 03/08/2007 and recorded 3/13/2007, as Instrument No. 20070551848, in Book , Page , of Official Records in the office of the County Recorder of Los Angeles County, State of California, will sell on 03/07/2013 at 1:00PM, At the Pomona Valley Masonic Temple Building, located at 395 South Thomas Street, Pomona, California at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be: 1498 ELIN POINTE DRIVE #18, EL SEGUNDO, CA, 90245. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances at the time of the

initial publication of the Notice of Sale is \$765,553.24. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, in an "AS IS" condition, but without covenant or warranty, express or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust, advances thereunder, with interest as provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon as provided in said Note, plus fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. If required by the provisions of section 2923.5 of the California Civil Code, the declaration from the mortgagee, beneficiary or authorized agent is attached to the Notice of Trustee's Sale duly recorded with the appropriate County Recorder's Office. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on a property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are

encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 1-800-281-8219 or visit this Internet Web site www.recontrustco.com, using the file number assigned to this case 12-0062112. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. RECONTRUST COMPANY, N.A. 1800 Tapo Canyon Rd., CA6-914-01-94 SIMI VALLEY, CA 93063 Phone/Sale Information: (800) 281-8219 By: Trustee's Sale Officer RECONTRUST COMPANY, N.A. is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. FEI # 1006.169550 2/14, 2/21, 2/28/2013 El Segundo Herald: 2/14, 2/21, 2/28/13 H-23698

2013020377 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS WEST COAST DENTAL GROUP OF GAGE

Current File #20090084945
The following person has abandoned the use of the fictitious business name: WEST COAST DENTAL GROUP OF GAGE, 1423 E. GAGE AVENUE, SUITE A, LOS ANGELES, CA 90001. The fictitious business name referred to above was filed in the County of Los Angeles ON JANUARY 22, 2009. Registrants: RYAN SEIN CHEIN LEE DENTAL CORPORATION. 1423 E. GAGE AVENUE, SUITE A, LOS ANGELES, CA 90001. This business was conducted by a CORPORATION. Signed: RYAN SEIN CHEIN LEE DENTAL CORPORATION, PRESIDENT. This statement was filed with the County Clerk of Los Angeles County on JANUARY 30, 2013.

EL SEGUNDO HERALD: 2/21, 2/28, 3/07, 3/14/2013. H-882

Fictitious Business Name Statement 2013014972

The following person(s) is (are) doing business as BEACH CITIES ADVANCED IMAGING. 1. 510 NORTH PROSPECT AVE, SUITE #101, REDONDO, CA 90277. 2. 1510 CONTNER AVE, LOS ANGELES, CA 90025 This business is being conducted by a General Partnership. The registrant commenced to transact business under the fictitious business name listed 2/1/13. Signed: Howard Gerald Berger, President. This statement was filed with the County Recorder of Los Angeles County on January 23, 2013.
NOTICE: This Fictitious Name Statement expires on January 23, 2018. A new Fictitious Business Name Statement must be filed prior to January 23, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: February 21, 28, 2013 and March 07, 14, 2013. H-883.

Fictitious Business Name Statement 2013023771

The following person(s) is (are) doing business as A PROFESSIONAL CLEANING SERVICE. 3702 1/2 BLUFF PLACE, SAN PEDRO, CA 90731. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed 07/23/2012. Signed: David M. Gonzalez, Owner. This statement was filed with the County Recorder of Los Angeles County on February 4, 2013.
NOTICE: This Fictitious Name Statement expires on February 4, 2018. A new Fictitious Business Name Statement must be filed prior to February 4, 2018. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: February 21, 28, 2013 and March 07, 14, 2013. H-884.

Order to Show Cause for Change of Name Case No. LS023636

Superior Court of California, County of LOS ANGELES
Petition of: DANIELIAN, KARENE ANNIE for Change of Name
TO ALL INTERESTED PERSONS:
Petitioner KARENE ANNIE DANIELIAN filed a petition with this court for a decree changing names as follows:
KARENE ANNIE DANIELIAN to KARENE ANNIE DANIEL
The Court orders that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
Notice of Hearing:
Date: 3/6/13, Time: 8:30, Dept.: C, Room: The address of the court is 6230 SYLMAR AVE. VAN NUYS, CA 91401
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: EL SEGUNDO HERALD
Date: JAN 23 2013
RICHARD H. KIRSCHNER
Judge of the Superior Court
El Segundo Herald: 1/31, 2/7, 2/14, 21 2013. H-23679



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gay (gā) 1. there once was a time when all "gay" meant was "happy." then it meant "homosexual." now, people are saying "that's so gay" to mean dumb and stupid. which is pretty insulting to gay people (and we don't mean the "happy" people). 2. so please, knock it off. 3. go to ThinkB4YouSpeak.com

Sports

Vistamar Boys Soccer Advances In CIF

Photos by Shelley Kemp

The second ranked Vistamar Varsity Boys Soccer team advanced in CIF Division VII playoffs with a 3-0 victory against Grace Brethren. Junior Abu Iyob-tessema found the net twice. One natural goal and a penalty kick after a dangerous tackle by the Grace Brethren Goalkeeper. Eric Aceves also found the net for Vistamar. Goalkeeper Tyler Salem shut out the Lancers with 10 saves. The Vikings traveled yesterday to Milken Community which determined their advancement to the Quarterfinals tomorrow. For more photos please visit www.ShelleyKempPhotography.com



Junior Abu Iyob-tessema races by a Grace Brethren player. Iyob-tessema score 2 goals for the Vikings.



Grace Brethren makes a dangerous tackle resulting in a penalty kick putting Vistamar ahead 3-0.



Senior Harrison Hawkins clears the ball away from the goal.



Sophomore Edgar Marcial congratulates his teammate Abu Iyob-tessema a hug after his penalty shot.



Senior Marlon Gonzalez takes a shot on goal.

Sports

from page 5

impressive. The offense looked imposing with Alex Rios and Jason Kiel leading the way. Kiel had two hits, including a two-run double.

Trent Miera and Justin McCullough are in the starting lineup at El Camino College. Miera (2012) is helping to nail down the infield at second base. He recently had two hits in a win against San Bernardino Valley College. McCullough (2010) looks like he will

be an everyday player either behind the plate or somewhere else on the field because of his lively bat.

Trent's brother Jeff Miera (2007) is the infield coach for the Warriors this year and his experience will be invaluable to the team. The former All-South Bay and All-Pioneer League shortstop played two years at Indiana State and should be a big help to his little brother. •



Cassidy Shevlin is one of the team's talented sophomores. Photos by Gregg McMullin.



Junior center Myia Mosley gives the Eagles a legit inside force next year.

MEDICAL & HEALTH PROFILES 2013

Good health is something that none of us should take for granted. The health professionals profiled here recognize this fact and are striving to make good health a gift that more of our friends and neighbors can enjoy. Learn more about them below...

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Left to right: Dr. Harold Iseke, Gail Lechner, Vicki Graham, Beth Mulhall, & Dr. Anthony Gambucci

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